

PHYSICAL EDUCATION

INTRODUCTION

The public assessment of this subject is based on the Physical Education (PE) Curriculum and Assessment Guide (Secondary 4–6) jointly prepared by the Curriculum Development Council and the Hong Kong Examinations and Assessment Authority. Candidates have to refer to the Guide for the knowledge, understanding and other skills they are required to demonstrate in the assessment.

ASSESSMENT OBJECTIVES

The public assessment aims to assess candidates' abilities to:

1. demonstrate knowledge and understanding of the concepts in the Physical Education curriculum
2. explain, apply and evaluate theories and principles regarding self enhancement, body maintenance, and caring for the community
3. communicate ideas effectively using PE terminology
4. demonstrate good attainment in physical fitness
5. demonstrate well-developed movement skills in a variety of situations
6. apply and evaluate individual/team tactics in game/competition situations

MODE OF ASSESSMENT

The public assessment in 2026 will consist of a theoretical examination component (Papers 1 & 2) and a practical examination component (Paper 3) as outlined in the following table:

Component		Weighting	Duration
Public Examination	Paper 1 Multiple-choice & short questions	42%	2 hours
	Paper 2 Long questions	18%	1 hour 30 minutes
	Paper 3 Practical examination	40%	---

PUBLIC EXAMINATION

The theoretical examination serves to assess the knowledge candidates have acquired in the course of studying PE. Different kinds of items will be used to assess students' performance in a broad range of abilities. The practical examination serves to assess candidates' competence in two selected physical activities and the level of physical fitness attained.

Paper 1 comprises two sections, A and B. Section A consists of multiple-choice questions and Section B consists of short questions. Candidates have to attempt **all** questions in Paper 1.

Paper 2 consists of three long questions set on three different themes of the curriculum. Candidates have to attempt any **two** questions in this paper.

Paper 3 consists of assessment routines for physical activities and physical fitness. Candidates have to demonstrate competence in two selected physical activities and each carries 13 $\frac{1}{3}$ % of the subject mark. The level of physical fitness attained carries 13 $\frac{1}{3}$ % of the subject mark. The choices of two groups of physical activities are as follows:

Physical Activity 1: Badminton / Basketball / Football / Volleyball / Table Tennis / Handball
(choose one)

Physical Activity 2: Athletics[#] / Gymnastics / Swimming[#] **(choose one)**

[#] Candidates may apply for exemption (partial or full) from Athletics / Swimming practical examination by submitting officially certified results of recognised competitions organised by The Schools Sports Federation of Hong Kong, China / Hong Kong, China Association of Athletics Affiliates / Hong Kong China Swimming Association. Officially certified results should be submitted to the Hong Kong Examinations and Assessment Authority at the time they register for entry to the HKDSE. Candidates may update the results no later than the stipulated deadline of the amendment period. Only the officially certified results obtained in competitions participated from December of the S4 school year to November of the S6 school year will be accepted.